

What is Love?

Media Influence?

In What Ways?

And Silly Love Songs?

What We Grew Up With



What Songs would you Choose?

The Master! ;-)

How Do We Feel About it?

Who Do We Love?

- Proximity: Look Around!
- Mere Exposure: More Positive

Who Do We Love?

- Physical Attraction???? Who?

Who Do We Love?

- Physical Attraction - Matching?

Who Do We Love?

- Physical Attraction - Beautiful is Good

Which do you think is true?

- Higher Socialibility
- Greater Dominance
- Better Social Skills
- More Intelligent
- Sexually Warmer
- Better Physical & Mental Health

Who Do We Love?

- Physical Attraction - Beautiful is Good

Which do you think is true?

- Higher Socialibility *
- Greater Dominance ?
- Better Social Skills *
- More Intelligent NO!
- Sexually Warmer (EXPERIENCES!)
- Better Physical & Mental Health ?
- More Gender Typed *

Who Do We Love?

- **Physical Attraction - To Whom?**
 - Babies prefer more Attractive Faces!
 - Culture!?

Who Do We Love?

- **Physical Attraction - To Whom?**
 - Gender:
 - Males: Health/Youth
 - Women: Status/Resources! ...Why?
Also Attraction (Ovulating - MASCULINE!)
 - Both: Kindness & Intelligence

Who Do We Love?

- **Physical Attraction - Social Comparison**
 - Looking at Centerfolds or porn???
 - Your spouse will be less attractive then!
 - Same sex also...Young Teens??
 - What to do?

Who Do We Love?

- Physical Attraction - Eye of the Beholder

More in love more attractive & less attracted to others

Likeable are more attractive

- "Grow on you"

Who Do We Love?

- Physical Attraction -

Similarity: Likeness leads to Liking Effect

Politics, Sports, Region of Country, children, careers

Who Do We Love?

- Physical Attraction -

Similarity: Likeness leads to Liking Effect

Politics, Sports, Region of Country, children, careers, etc.

Complementarity:
Not as likely!

Both are in Politics
Other Similarities

Who Do We Love?

- Physical Attraction - Bad is Stronger than Good "Focus On" Box!

Self-Esteem

"Rebounding" Helps Ego!

Low Self-Esteem you feel less happy & more pessimistic

Many "You look Beautiful" vs One "You look Awful"

TEXT:

Moreover, the most satisfied married couples tend to approach problems without immediately criticizing their partners and finding fault. Honesty has its place in a good relationship, but so does a presumption of the other's basic goodness

Who Do We Love?

- Physical Attraction - Disclosure

We like & will disclose more

"Like a Dance"

"Growth Promoting" Genuine, Accepting, empathic, sensitive & reflective

Married Couples most intimate & pray happiest
They respect spouses, discuss & rate more skilled lovers

Sternberg's Theory

STERNBERG'S TRIANGULAR THEORY OF LOVE


